

Cardiolipid 2010

The 13th Annual Lipid Day & Interactive Cardiology Course
5th annual meeting of the working group for Lipidology, Vascular biology and Research
(WGLVR)

10 – 12 November 2010

Egypt

www.cardiolipid.com

www.cardioegypt.com

President of EGSC

Prof.M Sobhy,M.D.

President of WGLVR

Prof.Ashraf Reda,M.D.,FESC

Meeting chairman & WGLVR vice president

Prof.M. Wafaeie Aboul Enein

Director of the scientific program

Prof.Ashraf Reda

Scientific board members

Prof. Ihab Abdel Fattah

Prof. Atef El Bahary

Welcome address

Dear colleagues, it gives me a great pleasure to invite you to participate in CardioLipid 2010 which will be held at Stella De Mary convention centre, Elsokhna Egypt from 10 to 12 November 2010. In accordance with the objectives of the working group for lipidology, vascular biology and research (WGLVR), the meeting will focus on cardiovascular protection , the role of different therapeutic modalities with emphasize on intensive medical treatment in comparisons with other interventional therapies. Interactive case discussion will, as usual, be a significant part of the congress scientific program. On behalf of the working group for Lipidology, Vascular biology, and Research (WGLVR) let me wish you fruitful and enjoyable conference.



Ashraf Reda M.D.FESC

President of "WGLVR"

About the Lipid Day:

The annual lipid day has been started in 1998, the first meeting was held in Shebin ElKom, Menofiya attended at that time by about 80 experts in the fields of cardiology, Diabetes and cardiovascular protection. The extensive discussion during the meeting and the rapid progression of the knowledge in the field of lipidology and atherosclerosis raised the idea of repeating this meeting annually. From 1998 to 2003 the meeting was held annually in the second Thursday of Ramadan for one day activity. Since 2004 the Lipid day was joined by the annual interactive cardiology course discussing interesting cases with audio-reply system, not only in the field of lipidology, atherosclerosis and cardiovascular protection, but also in clinical and interventional cardiology. Since that time the meeting was held in [Stella-Di Mare](#) conventional centre , El Sokhna, Egypt in 3 days activity. During The 8th annual Lipid Day (2005) the idea and proposed design of a multi-center clinical survey of the risk factor profile in Egyptian and Arab patients with acute coronary syndrome (The Egyptian Risk Factors and Lipid project) was discussed. The 9th annual Lipid day (2006) celebrated the founding of the Egyptian working group for Lipidology, Vascular Biology and Research (WGLVR), as a division of the Egyptian Society of Cardiology. The name of the meeting has been changed to CardioLipid congress. CardioLipid 2006 included, in addition to the 9th annual Lipid Day and interactive Cardiology Coarse, the 1st annual meeting of the working group as well as the DeltaCardio activity of that year. From 2007 to 2009 the congress faculty included foreign guest experts and has been internationally recognized and accredited by EBAC.

- President elect: **Ashraf Reda**
Vice president: **Mohamed Wafaei Abou El Einein**

- **Nucleus members:**
Ashraf Reda
Mohamed Wafaei Abou El Einein
Soliman Gharib
Ihab Abdel Fattah
Atef El Bahary

- **Founding members:**
 1. Abdel Fatah Ferer
 2. Abdel Moneim Ibrahim
 3. Adel El Etriby
 4. Abdala Abo Hashem
 5. Ahmed Abdel Latif Ramadan
 6. A. Abd El-Rahman Sharaf El Din
 7. Ahmed Ahmed Khashaba
 8. Ahmed El Hawary
 9. Ahmed Magdy
 10. Ahmed Mokhtar El-Kersh
 11. Ahmed Mohamed Emara
 12. Ahmed Mohamed Zyada
 13. Alaa Eldin Ali Hataba
 14. Aliaa Abdel Fattah
 15. Amany Serag
 16. Assem Fathy
 17. Ashraf Mohamed Badawi
 18. Ashraf Shokry Farid
 19. Atef El Bahary
 20. Awni Gamal Soliman
 21. Ayman Aboul Magd
 22. Ayser AbdelAziz Elsayed
 23. Galal El-Saeid
 24. Gamila Mohamed Nasr
 25. Hany Ragy
 26. Hasan Ellaban
 27. Hazem Khamis
 28. Hisham Hassan
 29. Hossam Mansour
 30. Ihab Abdel Fatah
 31. Ihab El Hefny
 32. Kamal Mohamed Ahmed
 33. Khalid El Minyawy
 34. Khalid Salah Mubarak
 35. Magdy Rashwan
 36. Mahmoud Kamel Ahmed
 37. Mahmoud Soliman
 38. Mohamed Abdel Aziz Moharam
 39. Mohamed Abdel Rahman
 40. Mohamed Gamal Abdel Aziz
 41. Mohamed Ayman Abdel Hay
 42. Nabil Mohamed Farag
 43. Nevine Mohamed El Gabry
 44. Noshy Zaki Mikhael
 45. Omer Awad
 46. Omar Ismail
 47. Omnya Nael
 48. Ramzy El Mawardy
 49. Safaa Zaghlool
 50. Saeid Shalaby
 51. Sameh Emil Sadek
 52. Sanaa Abdel Shafy
 53. Sherif El Tobgy
 54. Sherif Samir Moustafa El Zahy
 55. Soliman Gharib
 56. Tarek Abdel Moneam
 57. Tarek El Rashidy
 58. Wael Mohamed El Naggar
 59. Wahid Ahmed Radwan
 60. Wagdy Abdel Hamid Galal
 61. Yasser Gomaa Mohamed
 62. Wael Daa Abo Shokka
 63. Wafaa Attia Al Hansy
 64. Walaa Farid
 65. El Sayed Abdel khalek
 66. Hamza Kabil
 67. Elwy Elkady

Our Mission

Lowering cholesterol in the community and,

Improving standards of patient care through,

Providing accurate medical information and,

Improving national data base by,

Developing and supporting medical research

Cardio Lipid 2010 Topics

CONTROVERSIAL TOPICS :

- 1- Ezetimibe: USEFUL OR NOT?
- 2- STATINS: INCREASE INCIDENCE OF DIABETES!
- 3- COMBINATION THERAPY (STATINS + FIBRATES): INCREASE INCIDENCE OF MYALAGIA (ATEF ELBAHRY) (
- 4- CRP-Hs IS IT MATTER?
- 5- HDL-RISING WHY WE PASS OVER?

HOT TOPICS:

- 1- EMERGING CV GENETIC MARKERS: ASSESSING THEIR ROLE IN CLINICAL PRACTICE.
- 2- Mipomersen, a new agent that reduces Lp (a) as well as LDL.
- 3- Genome-Wide Association OF Statin-Induced Myopathy (SEARCH TRIAL)
- 4- GLYCEMIC CONTROL SLOWS RATES OF CAROTID ARTERY DISEASE PROGRESSION
- 5- NIACIN HAS VASCULAR BENEFITS BEYOND LIPID LOWERING

PREDICTION OF EARLY CAD:

- 1- HDL-PROTEOMIC SIGNATURE COULD AID CAD DIAGNOSIS
- 2- NON-HDL STRONGLY ASSOCIATED WITH CORONARY CALCIFICATION
- 3- LDL-HDL C RATIO IS A MARKER OF EARLY ATHEROSCLEROSIS
- 4- ABO B & A-I LEVELS PREDICT ISCHEMIC STROKE RISK IN PATIENTS WITH CHD
- 5- ENDOTHELIAL DYSFUNCTION MARKER EFFECT VARIES BY STATIN DOSE(ADMA-ASYMMETRIC DIMETHYLARGININ)
- 6- ACCURACY NON-FASTING VS FASTING LIPID MEASURES FOR CVD PREDICTION

CLINICAL TRIALS & TRIBULATIONS:

- 1- ACCORD
- 2- ARBITER -6 HALTS
- 3- BARI 2D
- 4- RECORD